

HOW TO BUILD COMMUNITY

turn off your tv * leave your home * know your neighbours
look up when you're walking * greet people * plant flowers
use your library * play together * buy from local shops
share what you have * help a dog * garden together
take children to the park * support local schools * honour elders
fix it even if you didn't break it * have pot-luck lunches
pick up litter * read stories aloud * put up a swing * dance in the street
help carry something heavy * talk to the postman * start a tradition
ask a question * hire young people for odd jobs * have a village fete
bake extra & share * ask for help when you need it * open your curtains
sing together * share your skills * take back the night
turn-up the music * turn down the music * listen before you react to anger
mediate a conflict * seek to understand
learn from new and uncomfortable angles
know that no-one is silent but many go unheard...work to change that

Gosberton & District Community Action Team

December 2015

YOUR COMMUNITY UPDATE

IN THIS ISSUE...

Welcome to our 1st Newsletter!

GCAT is a Community Interest Company which exists to support Gosberton and help bring about positive changes to the village and its environment.

Help wanted!

We are actively seeking anyone would like to volunteer with projects in the village but are especially keen to hear from anyone that would like to get involved with:

- Patient Transport (drivers with their own vehicles who can spare from 1 hour per week – petrol expenses available)
- The Gosberton Emergency Team (volunteers with experience, time or enthusiasm to help if the village is flooded, attacked, snowed under etc.)

Under 18's activities

GCAT are currently looking at what groups or activities we could bring to the village for the under 18's to attend. We are in contact with the Cadets (Air, Army & Sea/Marine) as well as Young Farmers, St John's Ambulance, Scouts and various Martial Arts groups. Is there something your children would like to do? All suggestions very welcome – contact details at the end of the newsletter.

New Website

The new Gosberton website is now up and running. Please have a look and let us know what you think! It contains lots of information about the village including all the clubs, schools info, Doctors etc. If you would like something adding, please contact us and we will get in touch!



Playground Equipment

Read about the work GCAT have done so far and what the next step is in supporting the refurbishment of the Gosberton playground.

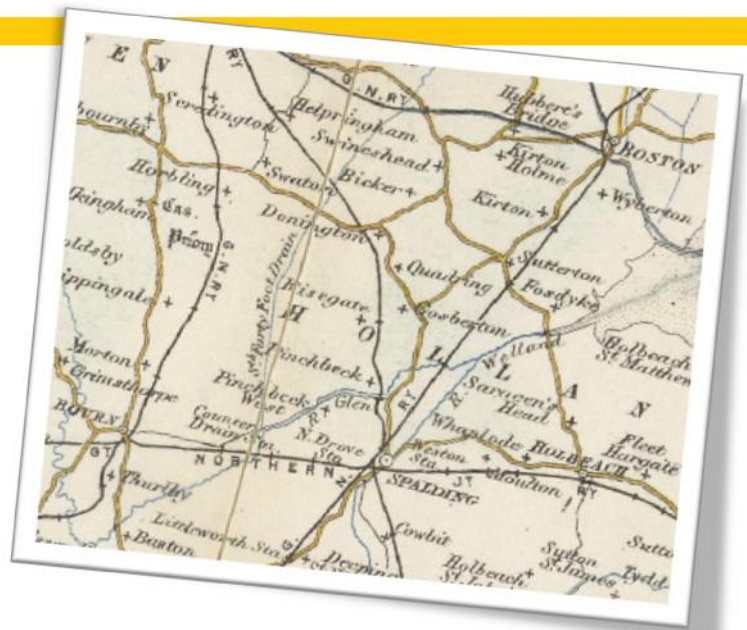


Community Orchard Round Up

As the Community Orchard is put to bed for the winter, find out what has been growing in our local area!

Community Orchard 2015

The Community Orchard has been put to bed after a very successful first year! We had 4 swap meets in total, with an impromptu swapping session at the GCAT village engagement event at the start of the autumn. A total of 20lbs of jam, chutney and preserve was made at the end, along with cider and some sloe gin and blackberry vodka. Anyone that would like to get involved next year – please get in touch with Annette on 750708.



Gosberton Calendar

A Gosberton calendar is one fundraising project on the cards for next year. We are looking for old and new photographs of the village and the surrounding districts – come on all photography or history enthusiasts! There will be a section

for local business advertising and we will be running a competition for the top spot of front cover! We will be advertising again in the Spring as a reminder for people to dig out photos they might have. For more info, contact Emma.



Drivers Wanted!

Volunteer drivers are being actively recruited to support the Patient Transport Scheme. The aim of the scheme is to help older or less able residents attend medical appointments or social activities. Expenses for petrol etc. are available once you have registered with the scheme and have provided copies of car insurance. If you have even an hour a week to spare, we would love to hear from you!

CONTACT DETAILS

Telephone: 01775 840694 / 01775 750708 / 07790 443629

Email: info@gosberton.org

Website: www.gosberton.org

Facebook: Gosberton & District Community Action Team (GCAT)